



Our menus are planned to meet the food based standards for food in schools and are checked using a recognised programme to analyse nutrition. Over 75% of our dishes are homemade and freshly prepared using tried and tested traditional recipes we know children will love and there's always seasonal fresh fruit, salad and vegetables available daily along with a bread basket and fresh water freely available.

Week 1

	Monday	Tuesday	Wednesday	Thursday	Fun Friday					
<b>Hot Meal Options</b>	<b>Tomato, Garlic and Basil Pasta Bake</b> served with fresh mixed vegetables and crusty garlic bread V	<b>Southern Style Chicken</b> served with herby diced potatoes and sweetcorn	<b>Beef Cobbler</b> served with creamed potatoes, fresh chopped carrots and gravy	<b>Cheese and Tomato Pizza</b> served with sunshine sweetcorn and crunchy chopped salad V	<b>Fresh Pork Steak</b> served with creamed potatoes, broccoli and gravy	<b>Homemade Cheese Whirl</b> served with baked beans V	<b>Chicken Korma</b> served with 50/50 rice and warm naan bread	<b>Beef Lasagne</b> served with crunchy chopped salad	<b>Vegetarian Sausage Roll</b> served with oven baked chips and baked beans V	<b>Bird's Eye Fish Fingers (2)</b> served with oven baked chips and peas
<b>Daily Hot Selection</b>	V <b>Jacket Potato</b> with choice of tasty fillings and crunchy chopped salad.	V <b>Jacket Potato</b> with choice of tasty fillings and crunchy chopped salad.	V <b>Jacket Potato</b> with choice of tasty fillings and crunchy chopped salad.	V <b>Jacket Potato</b> with choice of tasty fillings and crunchy chopped salad.	V <b>Jacket Potato</b> with choice of tasty fillings and crunchy chopped salad.	V <b>Jacket Potato</b> with choice of tasty fillings and crunchy chopped salad.	V <b>Jacket Potato</b> with choice of tasty fillings and crunchy chopped salad.	V <b>Jacket Potato</b> with choice of tasty fillings and crunchy chopped salad.	V <b>Jacket Potato</b> with choice of tasty fillings and crunchy chopped salad.	
<b>Cold Option</b>	<b>Percy Pea Pod Packed Lunch</b> Choice of sandwich on fresh soft bread with crunchy chopped salad, plus a choice from today's desserts	<b>Percy Pea Pod Packed Lunch</b> Choice of sandwich on fresh soft bread with crunchy chopped salad, plus a choice from today's desserts	<b>Percy Pea Pod Packed Lunch</b> Choice of sandwich on fresh soft bread with crunchy chopped salad, plus a choice from today's desserts	<b>Percy Pea Pod Packed Lunch</b> Choice of sandwich on fresh soft bread with crunchy chopped salad, plus a choice from today's desserts	<b>Percy Pea Pod Packed Lunch</b> Choice of sandwich on fresh soft bread with crunchy chopped salad, plus a choice from today's desserts	<b>Percy Pea Pod Packed Lunch</b> Choice of sandwich on fresh soft bread with crunchy chopped salad, plus a choice from today's desserts	<b>Percy Pea Pod Packed Lunch</b> Choice of sandwich on fresh soft bread with crunchy chopped salad, plus a choice from today's desserts	<b>Percy Pea Pod Packed Lunch</b> Choice of sandwich on fresh soft bread with crunchy chopped salad, plus a choice from today's desserts	<b>Percy Pea Pod Packed Lunch</b> Choice of sandwich on fresh soft bread with crunchy chopped salad, plus a choice from today's desserts	
<b>Dessert</b>	Fresh Baked Iced Sponge or Juicy Chopped Fresh Fruit or Yoghurt	Cook's Fresh Made Carrot Cake or Juicy Chopped Fresh Fruit or Yoghurt	Cook's Homemade Ginger Biscuits with Juicy Pears or Juicy Chopped Fresh Fruit or Yoghurt	Cook's Chocolate Brownie or Juicy Chopped Fresh Fruit or Yoghurt	Cook's Homemade Shortbread Biscuit or Juicy Chopped Fresh Fruit or Yoghurt					

Week 2

	Monday	Tuesday	Wednesday	Thursday	Fun Friday					
<b>Hot Meal Options</b>	<b>Pasta Bolognese</b> served with a medley of mixed vegetables and crusty garlic bread	<b>Chicken Fajita Wrap</b> served with herby diced potatoes and mixed vegetables	<b>Meat and Potato Pie</b> served with garden peas, beetroot and gravy	<b>Cheese and Tomato Pizza</b> served with sunshine sweetcorn and crunchy chopped salad V	<b>Cook's Roast Chicken Dinner</b> served with creamed potatoes, carrots, peas and gravy	<b>Cheese Panini</b> served with homemade potato wedges and freshly chopped salad V	<b>Chicken Korma</b> served with 50/50 rice and warm naan bread	<b>Cottage pie</b> served with broccoli, beetroot and gravy	<b>Harry Ramsden's 100% Fish Fillet</b> served with oven baked chips and mushy peas	<b>Vegetarian Sausage Roll</b> served with oven baked chips and baked beans V
<b>Daily Hot Selection</b>	V <b>Jacket Potato</b> with choice of tasty fillings and crunchy chopped salad.	V <b>Jacket Potato</b> with choice of tasty fillings and crunchy chopped salad.	V <b>Jacket Potato</b> with choice of tasty fillings and crunchy chopped salad.	V <b>Jacket Potato</b> with choice of tasty fillings and crunchy chopped salad.	V <b>Jacket Potato</b> with choice of tasty fillings and crunchy chopped salad.	V <b>Jacket Potato</b> with choice of tasty fillings and crunchy chopped salad.	V <b>Jacket Potato</b> with choice of tasty fillings and crunchy chopped salad.	V <b>Jacket Potato</b> with choice of tasty fillings and crunchy chopped salad.	V <b>Jacket Potato</b> with choice of tasty fillings and crunchy chopped salad.	
<b>Cold Option</b>	<b>Percy Pea Pod Packed Lunch</b> Choice of sandwich on fresh soft bread with crunchy chopped salad, plus a choice from today's desserts	<b>Percy Pea Pod Packed Lunch</b> Choice of sandwich on fresh soft bread with crunchy chopped salad, plus a choice from today's desserts	<b>Percy Pea Pod Packed Lunch</b> Choice of sandwich on fresh soft bread with crunchy chopped salad, plus a choice from today's desserts	<b>Percy Pea Pod Packed Lunch</b> Choice of sandwich on fresh soft bread with crunchy chopped salad, plus a choice from today's desserts	<b>Percy Pea Pod Packed Lunch</b> Choice of sandwich on fresh soft bread with crunchy chopped salad, plus a choice from today's desserts	<b>Percy Pea Pod Packed Lunch</b> Choice of sandwich on fresh soft bread with crunchy chopped salad, plus a choice from today's desserts	<b>Percy Pea Pod Packed Lunch</b> Choice of sandwich on fresh soft bread with crunchy chopped salad, plus a choice from today's desserts	<b>Percy Pea Pod Packed Lunch</b> Choice of sandwich on fresh soft bread with crunchy chopped salad, plus a choice from today's desserts	<b>Percy Pea Pod Packed Lunch</b> Choice of sandwich on fresh soft bread with crunchy chopped salad, plus a choice from today's desserts	
<b>Dessert</b>	Cook's Homemade Apple Flapjack or Juicy Chopped Fresh Fruit or Yoghurt	Cook's Homemade Vanilla Sponge and Custard or Juicy Chopped Fresh Fruit or Yoghurt	Fresh Baked Decorated Muffin or Juicy Chopped Fresh Fruit or Yoghurt	Cook's Assorted Fresh Baked Fruit Cookies or Juicy Chopped Fresh Fruit or Yoghurt	Chocolate Crunch or Juicy Chopped Fresh Fruit or Yoghurt					

Week 3

	Monday	Tuesday	Wednesday	Thursday	Fun Friday					
<b>Hot Meal Options</b>	<b>Bird's Eye Fish Fingers (2)</b> served with herby diced potatoes and broccoli V	<b>British Pork Sausage</b> served in a bun with herby diced potatoes and sweetcorn	<b>Beef and Onion Pie</b> served with creamed potato, fresh chopped carrots & turnip and gravy	<b>Southern Style Chicken</b> served with herby diced potatoes and sweetcorn	<b>Cook's Roast Chicken Dinner</b> served with creamed potatoes, chopped carrots and gravy V	<b>Tomato, Garlic and Basil Pasta Bake</b> served with fresh mixed vegetables and crusty garlic bread V	<b>Chicken Korma</b> served with 50/50 rice and warm naan bread	<b>Homemade Cheese Whirl</b> served with baked beans V	<b>Cheese and Tomato Pizza</b> served with sunshine sweetcorn and crunchy chopped salad	<b>Macaroni Cheese</b> served with broccoli
<b>Daily Hot Selection</b>	V <b>Jacket Potato</b> with choice of tasty fillings and crunchy chopped salad.	V <b>Jacket Potato</b> with choice of tasty fillings and crunchy chopped salad.	V <b>Jacket Potato</b> with choice of tasty fillings and crunchy chopped salad.	V <b>Jacket Potato</b> with choice of tasty fillings and crunchy chopped salad.	V <b>Jacket Potato</b> with choice of tasty fillings and crunchy chopped salad.	V <b>Jacket Potato</b> with choice of tasty fillings and crunchy chopped salad.	V <b>Jacket Potato</b> with choice of tasty fillings and crunchy chopped salad.	V <b>Jacket Potato</b> with choice of tasty fillings and crunchy chopped salad.	V <b>Jacket Potato</b> with choice of tasty fillings and crunchy chopped salad.	
<b>Cold Option</b>	<b>Percy Pea Pod Packed Lunch</b> Choice of sandwich on fresh soft bread with crunchy chopped salad, plus a choice from today's desserts	<b>Percy Pea Pod Packed Lunch</b> Choice of sandwich on fresh soft bread with crunchy chopped salad, plus a choice from today's desserts	<b>Percy Pea Pod Packed Lunch</b> Choice of sandwich on fresh soft bread with crunchy chopped salad, plus a choice from today's desserts	<b>Percy Pea Pod Packed Lunch</b> Choice of sandwich on fresh soft bread with crunchy chopped salad, plus a choice from today's desserts	<b>Percy Pea Pod Packed Lunch</b> Choice of sandwich on fresh soft bread with crunchy chopped salad, plus a choice from today's desserts	<b>Percy Pea Pod Packed Lunch</b> Choice of sandwich on fresh soft bread with crunchy chopped salad, plus a choice from today's desserts	<b>Percy Pea Pod Packed Lunch</b> Choice of sandwich on fresh soft bread with crunchy chopped salad, plus a choice from today's desserts	<b>Percy Pea Pod Packed Lunch</b> Choice of sandwich on fresh soft bread with crunchy chopped salad, plus a choice from today's desserts	<b>Percy Pea Pod Packed Lunch</b> Choice of sandwich on fresh soft bread with crunchy chopped salad, plus a choice from today's desserts	
<b>Dessert</b>	Fresh Baked Banana Muffin or Juicy Chopped Fresh Fruit or Yoghurt	Cook's Homemade Shortbread Biscuit or Juicy Chopped Fresh Fruit or Yoghurt	Jelly and Ice Cream or Juicy Chopped Fresh Fruit or Yoghurt	Cook's Homemade Jam & Cream Slice or Juicy Chopped Fresh Fruit or Yoghurt	Homemade Apple Flapjack or Juicy Chopped Fresh Fruit or Yoghurt					

**Key** V for Vegetarian Foods

